

# RECOMMENDED READING LIST

## FOR PEOPLE HEARING FRATERNAL CHATS

### 1. Readings for people who are hearing fraternal talks for the first time:

- Through Wind and Waves, on being a spiritual guide., Francisco Fernández-Carvajal
- Articles on the art of directing souls at [www.collationes.org](http://www.collationes.org).

### 2. Readings to improve moral formation, and Human Love:

- Catechism of the Catholic Church
- Encyclical Veritatis splendor, John Paul II, 6-VIII-1983
- Lectures of the subject "Moral Theology", as for example:
- Compendium of Moral Theology, Fernández, Aurelio, ed. Word, Madrid 1995
- Morality of the person, Eunsa, Sarmiento, A. - Trigo, T. - Molina, E, Pamplona 2006
- Elected in Christ to be saints. Course of Fundamental Moral Theology, E. Colom -A., Rodríguez Luño, Palabra, Madrid 2000
- The fundamental virtues, Pieper, Josef, 7th ed, Rialp, Madrid 2001
- Course on virtues, T. Wheat (Coordinator), in Almudi.org.-resources
- He knows not how, growing in freedom, Julio Dieguez, Letragrande 2021.

### 3. Readings for those hearing cfi of young people:

Editorials of Initiatives on Maturity of Personality:  
(now on [www.opusdei.org](http://www.opusdei.org))

- 02/2014, Cultivating interiority in the digital age
- 06/2014, Virtual contact and relationships with others
- 08/2014, A personality identified with Christ
- 04/2015, Building interior order
- 06/2015, A life in dialogue with others
- 08/2015, Sharing others feelings
- 02/2016, The others and I. Verses of the same poem

### 4. Readings about Dating and Marriage:

- Catechism of the Catholic Church
- Encyclical Letter Humane Vitae, Paul VI, 25-VII-1968
- Apostolic Exhortation Familiaris consortio, John Paul II, 22-XI-1981
- Encyclical Letter Evangelium vitae, John Paul II, 25-III-1995
- Apostolic Exhortation Amoris laetitia, Francis, 19-III-2016
- Articles about dating and marriage at [www.collationes.org](http://www.collationes.org) Resources and articles on dating and marriage on [almudi.org](http://almudi.org) (On these topics it is prudent to speak to a person with more experience and preparation).

### 5. Readings for lifelong learning:

In addition to the bibliography indicated in the above, it is advised to also read:

- *Cultural factors of special relevance in spiritual formation*, Ángel Rodríguez Luño, October 2009, at [www.collationes.org](http://www.collationes.org)
- *Aspects of spiritual direction related to social life*, Martin Schlag, December 2009, at [www.collationes.org](http://www.collationes.org) José
- *Spiritual accompaniment in the various circumstances of life*. Luís Gutiérrez, October 2011, at [www.collationes.org](http://www.collationes.org)
- *Vida cotidiana y santidad en la enseñanza de San Josemaría*. E. Burkhart – J. López, *Estudio de Teología espiritual*, vol 1-3, Rialp, Madrid 2010-2013
- *Libertad vivida: con la fuerza de la fe*, Rialp, J. Burggraf, Madrid 2010
- Lecturas de la asignatura *Teología Espiritual*, como por ejemplo: Illanes, J. L., *Tratado de Teología Espiritual*, EUNSA, Pamplona 2007
- Lecturas de la asignatura *Antropología Teológica*, como por ejemplo:
- Lorda, Juan Luis, *Antropología Teológica*, EUNSA, Pamplona 2009
- *Naturaleza, gracia y gloria*, Ócáriz, F., EUNSA, Pamplona 2000
- [www.opusdei.org](http://www.opusdei.org), section "Christian life" has various texts for the interior life; Articles on the Christian Life, sections include - Family, Work, Virtue, a Christian Personality, and Human Love.
- *Con la juventud del amor*, Noticias VII-2016.

