

# KENTHURST RETREAT TIMETABLE

1

## FIRST DAY

8.00 Arrive / Supper  
8.30 Meditation  
9.00 Commentary of the Gospel

---

2

## FULL DAY(S)

7.30 Meditation  
8.00 Mass  
8.45 *Breakfast*  
10.30 Meditation  
12.00 Talk  
12.30 Rosary  
1.00 *Lunch*  
1.30 Visit to the Blessed Sacrament  
2.00 Way of the Cross  
4.00 Afternoon tea  
4.30 Meditation with Exposition of the Blessed Sacrament  
5.00 Eucharist Adoration  
6.15 Benediction  
6.30 *Dinner*  
7.30 Meditation  
9.00 Commentary of the Gospel

---

3

## LAST DAY

7.30 Meditation  
8.00 Mass  
8.45 Breakfast  
10.30 Meditation  
12.00 Talk  
12.30 Rosary  
1.00 *Lunch*  
1.30 Visit to the Blessed Sacrament  
2.00 Personal prayer  
2.45 Meditation  
3.15 Benediction  
3.30 *Afternoon tea*  
4.00 Leave

**Suggestions for in your own time:  
Examination of Conscience (provided) and Spiritual Reading**

**The priest will be available for confessions, spiritual direction or simply to talk to at the following times:**

**Full days:**

**11.00- 1.00 pm**

**2.00- 4.00 pm**

**5.00 - 6.15 pm**

**Last day:**

**11.00 - 1.00 pm**

**2.00 - 2.45 pm**