

DEEPER UNDERSTANDING OF THE MARRIAGE VOCATION

Strengthening the vocational sense of marriage and the family in our world today through the formation that the Work offers



SEMINAR

10 Classes
on
Theology of the
Body
by
Tatiana Burger



REFERENCES TO READ THROUGHOUT THE YEAR

Main Reference:

- John Paul II, *The Theology of the Body, Human Love in the Divine Plan*, (126 weekly general audiences between Sept 1979 to Nov 1984 on the bodily dimension of the human personhood, sexuality, and marriage in light of biblical revelation. (approximately \$150 or free online)
- or
- Mary Healy: *Men and Women are from Eden: a Study Guide to John Paul II's Theology of the Body* (2005), (\$51 AUD - the best and most approachable introduction to JP II's Theology of the Body; \$10 for e-book)

Other recommended reading:

- Anthony Percy, *Theology of the Body made simple* (2005)
- Edward Sri, *Men, Women & the Mystery of Love* (2007), (insights from JP II's, *Love and Responsibility*)
- Adam G. Cooper, *Holy Eros: A Liturgical Theology of the Body* (2014)
- Paul VI, *Humane Vitae* (1968)
- John Paul II, *Redemptoris Hominis* (1979)
- John Paul II, *Mulieris Dignitatem* (1988)
- John Paul II, *Love and Responsibility* (1960)

Videos:

IFFD Love Talks

- María Cruz Díaz de Terán, *Equality Between Men and Women*
- Ana de Vierna, *When, How and Why to Talk to Your Children About Sexuality*
- Jorge Gutierrez, *How to Overcome Pornography Addiction*
- Alejandro Villena, *Pornography and Technology: How Do They Access and How Does It Affect Them?*
- Diana Díaz Alférez, *Sex Education at Home: Keys to Preventing Sexual Abuse*
- Rafael Lafuente, *Sex to the Fullest for Those That Love Each Other to the Fullest*
- Carlos Chiclana, *Develop and Integrate Your Relationship in Intimacy*
- Lucía Martínez Alcalde, *Unmasking Sexual Incompatibility*
- Carolina Sánchez Agostini, *Between Netflix, Instagram and TikTok: How to Lead Dialogues on Sexuality with (Pre) teens?*